

The following Topics may be used for the Saddle Seat Instructor Unmounted Lesson

Introduce and practice:

- fitting of helmets and safe riding attire
- grooming procedure
- tack cleaning
- proper leading and turning of the horse
- bridling—proper fitting and technique
- saddling—proper technique and fitting, including girth and breastplate
- fire safety—procedure
- fire safety—general
- foot care
- tying a horse properly in the stall
- blanketing and un-blanketing a horse
- fitting martingales

***Use of games and props is encouraged**

The following Topics may be used for the Saddle Seat Instructor Mounted Lesson

Introduce and practice:

- the trot
- the posting trot
- the canter
- a circle
- a turn
- changing the rein
- exercises to practice eye control
- exercises at the walk to teach steering and control
- identifying the correct canter lead and how to correct the lead
- changing the leading file
- three-point position at walk & trot
- two-point position at walk & trot

***Use of games and props is encouraged**