



Introducing Rookie Riders (A Brand New Program) Instructor/Coach Training Event



Introduction:

The Alberta Equestrian Federation is thrilled to be hosting our first ever Rookie Rider instructor/coach training event. This event will provide training to certified EC/NCCP instructors/coaches interested in offering this unique new program!

Date & Location:

December 8/9, 2018

SugarTide Equestrian - Okotoks, AB

About Rookie Riders:

The new and exciting Rookie Riders program is a fun and comprehensive program that teaches activities and skills that are fundamental to success in horseback riding. The program was developed by nationally certified coaches and will be delivered across Canada. Rookie Riders includes games, basic gymnastic on mats, movements on a barrel and can even include riding a horse.

These types of skills align with FUNdamental movements and mental skills that are age and stage appropriate for children aged 6 to 12, in accordance with the National Sport for Life Long Term Athlete Development model. Children will be prepared with the basics and then be ready to move into a riding school lesson program. From there, they can move into the First Level of the National English or Western Learn to Ride program where they will continue to learn and grow as a rider.

Program Objectives include:

- Safe and fun introduction to riding skills, horses and horsemanship – Gymnastic and Barrel activities focus on developing the skills used in equestrian sport
- Group and individual activities
- Provides physical, mental, and emotional engagement
- Participants finish with a strong foundation in the National Learn to Ride Program – Level 1 (English and Western); and a Rookie Riders Progress Report and Certificate of Completion

This training will enable NCCP Certified Instructors/Coaches to deliver the Rookie Riders program at their very own facility. As a certified instructor/coach, you will be provided with the resources required to run the program, including: Stable Management Guide and tests, Gymnastic Guide and Instructional Posters, Mounted Lesson Guide, Lesson Summary Chart for easy reference, Progress Certificates with stickers to track their path to completion, and a Certificate of Completion. You will even have the opportunity to purchase your very own Rookie Rider barrel and surcingle!

Don't miss out on the chance to be one of the FIRST EVER delivering instructors/coaches in the province!



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AlbertaEquestrian



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2018 Rookie Rider Instructor/Coach Training Event

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December 8/9, 2018 | SugarTide Equestrian - Okotoks, AB
Registration Deadline: December 3, 2018

CONTACT INFORMATION:

Full Name: _____ AEF # (Required): _____

Address: _____

City: _____ Prov./Territory: _____ Postal Code: _____

Phone: _____ Email: _____

Dietary/Medical Information (if necessary):

Emergency Contact Name: _____

Emergency Contact Phone: _____

PAYMENT INFORMATION:

All Fees are Non-Refundable - GST #12971 4697 RT0001

- Registration Fee \$85 (GST included) & includes lunch both days -

Payment by Cash / Bank Draft / Cheque enclosed

Please make cheques / bank drafts payable to: Alberta Equestrian Federation

Payment by E-transfer

Email to info@albertaequestrian.com - Use AEF# as question/answer

Payment by Credit Card (Visa / Mastercard)

Card Holder Name: _____

Card Holder Signature: _____

Card Number: _____

Expiry: _____

CSV: _____