

Northern Alberta Coaching Clinic – hosted by Sandridge Stables

Date: October 18-20, 2019
Location: Sandridge Stables, Sherwood Park, AB
Introduction: Coaching Camp
Contact Name: Tricia Dahms
Contact Email: tricia@sandridgestables.ca
Contact Phone: 780-271-2106
Website: <http://www.sandridgestables.ca>

- The coaching camp is an intensive, fun, long weekend of coaching development covering the outcomes required by the Coaching Association of Canada and Equine Canada for certification. Get ready for your evaluation by participating in, observing and teaching riders of a variety of backgrounds and levels as well as riding preparation for exams.
- This clinic is an excellent preparation for the Coaching Evaluations and you will have opportunities to plan and deliver lessons in the required format with feedback to improve your lesson structure and content.

Some of the topics covered will be:

- Long Term Equestrian Development
- Lesson Planning
- Analyzing Performance
- Design a Sports Program
- Provide Support To Athletes in Training
- Sports Psychology
- Manage Aspects of a Sports Program
- Support the Competitive Experience

Whether you are a seasoned coach or just beginning there is something for everyone.

Coaching Camp and Mentorship

The coaching camps are full day sessions of coaching development covering the outcomes required by Equine Canada and the National Coaching Certification programs. Student riders are provided. Horses available for lease if desired. Teaching practice is a major component.

LTAD and EAP	What is Long Term Equestrian Development? Design an emergency action plan (EAP)
Plan a Schooling Session Written Lesson Plans	Identify appropriate logistics for lesson/schooling session Identify appropriate activities in each part of a structured lesson plan
Provide Support to Athletes in Training	Teaching and Learning in the Equestrian Environment

	<p>Ensure lesson environments are safe. Teach an appropriately structured and organized schooling session/ lesson. Demonstrate teaching behaviours/interventions that promote learning.</p>
Analyzing Performance	<p>Detect errors horse/rider skills. Correct errors in rider/horse skills. Observed during lessons</p>
Design a Sports Program	<p>Outline program structure based on available training and competition opportunities Identify program measures to promote rider/horse development Develop practice plans that integrate seasonal training priorities</p>
Managing a Sport Program	<p>Manage administrative aspects of program and oversees logistics Report on athlete progress throughout program Helping you & your riders to set goals</p>
Competition Coaching Support	<p>Supporting the Athlete in the Competitive Environment Prepare for readiness in competition Make effective interventions during and after the competition</p>

Registrations for the Coaching Evaluation are separate and additional to the Coaching Clinic. You can register directly for the Evaluation even if you are not doing the Coaching Clinic.

To register for the Coaching Clinic, please contact Sandridge Stables directly at the email address above. \$325.00. Registration deadline is October 10th , 2019.

To register for the Coaching Evaluations you need to contact the AEF directly. Check with AEF for the Evaluation Registration deadline which may not be the same date as the coaching clinic.

Erin Rabeau, Coaching Coordinator
Alberta Equestrian Federation
coaching@albertaequestrian.com

Suite 120 , 251 Midpark Blvd SE
Calgary Alberta, T2X 1S3
Phone: 403-253-4411
Fax: 403-252-5260
Toll Free: 1-877-463-6233

2019 Northern Alberta Coaching Clinic Registration Form

Participant Name: _____ Phone: _____

Email: _____ Age: ___ AEF #: _____

Address: _____ City: _____ Postal Code: _____

Registration & Stabling Payment Total: \$ _____

Credit Card: _____ Exp. Date _____ Type: _____ CVV: _____

**I hereby authorize my credit card to be charged for the registration payment total noted above:

Etransfers accepted – tricia@sandridgestables.ca.

Rider Level Information:

- Rider level 6 is a pre-requisite for the I.O.B. (Instructor Of Beginners) Rider Level testing may be arranged separately. Please indicate if you need any rider levels to comply with pre-requisite requirements.
- Have you ever done a rider test before? Yes/No
- Do you currently hold any rider levels? Yes/No (Must be able to produce certificate)

Riding Experience: Please check

Novice – Walk,trot,canter,2'6" jumps

Intermediate – Basic Level Dressage, 2'9 jumps

Competitive - Experience at Provincial or Bronze Level shows or Eventing up to Training Level

National Show or Competition – Experience at Gold or above shows or Eventing at Prelim or above

Do you want to set up a rider level exam? Yes/No If so, what level _____
Are you challenging a rider level? Yes/No If so, which one? _____
Would you require a lease horse for a rider level or exam? Yes/No

Coaching Evaluation Information:

- Rider Level 7 is a pre-requisite for the Competition Coach Certification.
- Why do you teach/want to teach? _____
- Are you currently teaching/coaching? If so, what level of students do you currently teach.
- Are you challenging a coaching level? Yes/No If so, which one? _____
- Have you completed the "Making Headway" and/or "Making Ethical Decisions" modules? Yes/No Which one? _____
- What kind of teaching are you most interested in? Please number 1-3 in order of personal importance
 - Learn To Ride: _____ Competitive _____ Therapeutic _____

Scheduling and Costs:

\$325.00 plus GST

\$25.00 discount for AEF members, 4H, Pony Club and Sandridge clients

8:00 am – 5:30 pm Oct 18-20, 2019

Registration Deadline Oct 10, 2019

Coaching Clinic Registrations are to be sent to:
Sandridge Stables: 22335 Township Road 520
Sherwood Park, AB
T8C 1E2
780-271-2106 or email to
tricia@sandridgestables.ca

Please note registrations for Coaching Evaluations are separate and MUST be sent directly to AEF at:

Suite 120, 251 Midpark Blvd SE • Phone: 403-253-4411
Calgary, Alberta T2X 1S3 • Toll Free: 1-877-463-6233
coaching@albertaequestrian.com

Please contact Erin Rabeau at Alberta Equestrian Federation for full information and pre-requisites before participating in the Coaching Evaluation.