

Western Learn to Ride 1 – 4 Level Overview

Rider Level 1

Riders will be taught how to:

- Place and adjust a halter and tie the horse;
- Demonstrate proper grooming;
- Demonstrate proper horse handling on the ground;
- Saddle and bridle correctly;
- Mount and dismount in an acceptable manner;
- Maintain an acceptable position of Body, Legs, Hands, At the 3 gaits: walk, jog, lope;
- Demonstrate the proper aids for the three gaits and recognition of leads;
- Demonstrate properly the elementary method of stopping and backing up;
- Demonstrate and explain the rein effects of the direct and opening rein;

Rider Level 2

Riders will be taught how to:

- The proper riding position with the use of one hand and two handed positions;
- How to post on the correct diagonal and change diagonals;
- Maintain a proper riding position of the: Body, Legs, Hands;
- Variations of speed at the lope;
- Execute transitions of the gaits;
- Name and demonstrate the effects of the indirect rein and the neck rein;
- Be able to identify the correct lead (Within 5-6 strides);
- Execute correctly all practical work referred to in Rider 1.

Rider Level 3

Riders will be taught how to:

- Explain the rein of opposition;
- Bandage four legs correctly;
- Describe and name three bits and explain their use;
- Rider turn out will include overall performance and attitudes; clothing, neatness, and conduct;
- Name and demonstrate the effect of leg aids;
- Execute turn on the forehand;
- Execute turn on the haunches;
- Execute with proficiency all practical work covered in Rider 1 and 2.

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Rider Level 4

Riders will be taught how to:

- Understand and explain basic collection;
- Execute a simple change of leads from both directions;
- Demonstrate proper lunging procedures;
- Demonstrate and explain Side Pass;
- Demonstrate and explain Two Track movements.

Questions?

Please contact the Alberta Equestrian Federation at

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