

# Using PLAYBuilder

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## What is PLAYBuilder?

A simple tool to access, create and share lesson plans for your Rookie Riders program.

PLAYBuilder is an online database of skills that includes written instructions, photos and videos for all skills and activities in the Rookie Riders program.

## Using the Dashboard

On the Dashboard, you will find links to explore PLAYBuilder content or to create something new. The Dashboard houses all **activities**, **progressions**, **lesson plans** and **collections**.

**Activities** are the components of a session (games, skill development tasks, assessments, drills) that students take part in. Activities provide the foundation upon which progressions and lesson plans are built. There are approximately 100 activities and skills available as part of the Rookie Riders program. By using PLAYBuilder you also benefit from receiving automatic access to updates and new activities as they're added, as well as being able to add your own activities.

**Progressions** are activities grouped in a specific sequence to promote skill development. Games that include a number of specific skills are also made available as progressions so that the detailed instructions of each skill can be included. Rookie Riders includes 15 basic progressions to work with students over a series of session to make their way through the progression.

**Lesson plans** provide a detailed outline for each lesson. They are created by sequencing a activities and progressions with a goal of introducing and/or practicing and improving one or two skills. Standard lesson plans include an Overview, Introduction, Warm-up, Skill Lesson and Cool-down. Sample lesson plans are provided for a variety of Rookie Rider program offerings. You can use these lesson plans as is, copy and customize them to adjust for your specific program needs or build new ones from scratch.

**Collections** are a series of lesson plans that combine to be a program (e.g. 12 week program once a week). The lessons build on each other to help the participants progress in their development of movement skills. Rookie Riders includes a series of sample collections with pre-built lesson plans tailored to the most common audiences in the program. We encourage all instructors to start from these collections, then customize based on the needs of participants in your program.

## Content Packages

Content packages are groupings of content associated with different programs. As Equestrian Canada develops new programs, new Content Packages will become available. Filtering by content package is an easy way to narrow your search. For now, 3 primary content packs exist:

- Rookie Riders Ground and Barrel Skills
- Rookie Riders Mounted Skills
- Rookie Riders Horsemanship and Stable Management

## Favorites and Playlists

Favorites and Playlists are intended to help you quickly save content to access later when building lesson plans or when you need to access content on the go.

**Favorites:** Any piece of content can be favorited by clicking the star on the card. The number next to the star tells you how many other users have favorited this content. Looking for new ideas, sort by favorites to see what is most popular with other instructors

**Playlists:** Playlists allow you to add any piece of content to a custom playlist to quickly access on the go. They're a great way to group like activities – eg. Create a playlist of *Stationary Activities* to be able to quickly get ideas of activities you could do in a classroom where there's minimal space available.