

COVID-19 RECOMMENDED RETURN TO BUSINESS OPERATIONS FRAMEWORK

This document is designed as a recommended framework for equine and equestrian facilities (private or public) to develop a return to business operations plan based on protocols provided by provincial and federal health organizations.

Please note: This document may be used as a recommended framework for equestrian business operations during the COVID-19 pandemic and is NOT a legal document. Further recommendations and supporting documents can be found on Alberta Equestrian Federation’s (AEF’S) COVID page for the Equine Community. The Alberta Equestrian Federation (AEF) urges the Alberta Equine community to continue to stay abreast of the changing landscape surrounding COVID-19 through credible media sources including federal, provincial and local government and health authorities.

The AEF’s role is to educate, not regulate. It is important to recognize that landowners and business operators have the right to allow (or not) visitors to their premises and business – at any time. Boarding facilities make their decisions to be open or not based on their individual circumstances. All facilities are encouraged to make suitable decisions taking into consideration Government and health authorities’ guidelines.

Each individual, business, facility, etc. is responsible to ensure the safety of any guests, clients, staff, family – and of course, the horses in their care - at all times. Follow the guidelines and best practices as set out by the Provincial and Federal governments and health authorities with regard to the operation of your business.

Horse and human safety are paramount when making amendments to common horse and human interaction routines.

AEF Points of Contact:

AEF Role	Contact	Email	Phone
Membership Coordinator	Norma Cnudde	membership@albertaequestrian.com	(403) 253-4411 ext.1
Program Manager	Hilary MacDonald	competitions@albertaequestrian.com	(403) 253-4411 ext. 2
Sport & Recreation Manager	Ashley Rohmer	coaching@albertaequestrian.com	(403) 253-4411 ext. 3
Executive Director	Sonia Dantu	execdir@albertaequestrian.com	(403) 253-4411 ext. 5
Finance and General Inquiries	Rita Bernard	finance@albertaequestrian.com	(403) 253-4411 ext. 7

Table of Contents

Introduction.....	3
Prep aring for Business.....	4
Signage:.....	4
Facility Access:	4
Communications:.....	4
Physical Distancing:.....	4
Sanitation:.....	5
Protection:	5
Managing Farm Operations	6
Arrivals and Departures:.....	6
Facility Office:	6
Washroom Guidelines:	6
Stable Guidelines:	7
Riding Rings and Arenas:	7
Managing Boarders:.....	7
Managing Injuries:	8
Managing Breeding and Equine Sales:	8
Facility Staff and Service Providers:	9
Facility Staff and Volunteers:.....	9
Managing Employees and Staff	9
Service Providers (Veterinarians, Farriers, etc.):.....	9
General Individual Responsibility:.....	10
Coaches Responsibility:	10
Penalties for Non-Compliance:	10
Appendix 1: Methods of Pathogen Transmission	11
Appendix 2: Acknowledgment of Risk Waiver	12
Appendix 3: Alberta Health Daily Checklist.....	15
Appendix 4: Additional Reference Material.....	16

Introduction

The Alberta Equestrian Federation (AEF) is dedicated to promoting education, safety and welfare of equestrians and equines. AEF provides the following guidelines to support equestrian business and their personnel in an effort to mitigate the risk of spreading COVID-19. While there is no way to eliminate all of the risks related to COVID-19, the guidelines are aimed at helping to decrease the spread of the COVID-19 virus.

These guidelines do not replace the recommendations and regulations of federal/provincial/territorial/regional or local government and health authorities.

Note: All equestrian businesses, personnel, and their clients must take responsibility. In doing so, respect these guidelines to avoid causing further spread of COVID-19, which could impact the wider equestrian community/industry as a whole.

IMPORTANT: All facilities have a responsibility to conduct operations in accordance with federal/provincial/territorial/regional and local regulations. Facility staff should implement best practices for mitigating risk related to the spread of the COVID-19 virus.

Preparing for Business

Signage:

Post signs at entrances and throughout the facility. Ensure these signs display up-to-date best practices and guidelines surrounding COVID-19.

- <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>
- <https://www.alberta.ca/covid-19-information.aspx>

Signs should clearly indicate that anyone who has a fever (temperature above 38 °C), exhibits any COVID-19 symptoms, has tested positive or is awaiting test results for COVID-19, has been in contact with someone who has tested positive for COVID-19, or has travelled out of Canada in the last 14 days, cannot enter the facility. Printable posters from the Government of Alberta can be found here:

<https://www.albertahealthservices.ca/topics/Page17000.aspx>

Facility Access:

Limit facility access to only necessary individuals such as:

- Staff and volunteers needed to run the facility
- Boarders, leasers, lesson students etc.
- Medical personnel, both human and equine

If a facility is accommodating spectators, be sure to review the current Government of Alberta regulations around sport, to ensure guidelines are met in regards to number of individuals allowed onsite at one time.

Ensure all individuals complete and submit the Acknowledgement of Risk Waiver. This waiver can be found in Appendix 1.

Communications:

Post online and/or circulate via email to all individuals wanting to enter the property, the COVID-19 guidelines and plans in place for the facility. Communications and documents that can be made available online should be clearly relayed to all attendees and staff.

It is recommended that a detailed map/layout of the facility is created. Highlight the COVID-19 guidelines in place at the facility. Post on social media and circulate to all staff, volunteers, and individuals entering the facility.

Physical Distancing:

Install markers for spacing of 2m between individuals in high traffic areas (facility office, washrooms, tacking areas/rooms etc.). Providing visual markers on the floor or ground is highly recommended.

Sanitation:

Complete an extensive cleaning of the facility as required using high quality disinfectants. Be sure to clean all stables, offices, washrooms, facility equipment (ring equipment, fence materials, etc.), bleachers and stands, viewing areas, and other areas individuals will be present in. A regular schedule should be in place.

Provide hand sanitizing stations throughout the facility. This includes: facility entrances and exits, all riding rings/arenas, all stables, washroom facilities, etc.

Place garbage cans throughout the facility for hygienic disposal of items.

For added security and peace-of-mind, a review of the best practices for equine biosecurity along with other useful resources, can be located on the AEF Website here:

<https://www.albertaequestrian.com/biosecurity/>

Protection:

Install where applicable, Plexiglas, or other type of protective shield in front of office and other areas where staff are present. Facilities should ensure enough PPE (facemasks, hand sanitizer and gloves) is available for staff, volunteers and essential personnel. The facility may choose to offer additional PPE for boarders, leasers, lesson students, etc.

Liaise with local medical personnel and hospitals (human and equine), to ensure all current guidelines are being addressed.

Managing Farm Operations

Arrivals and Departures:

Set up a welcome station outside or just inside the facility entry points with a hand wash station or sanitizer for all individuals to wash or disinfect their hands. Ensure appropriate signage with directions is in place.

Entrances and exits from the facility should be clearly marked. If possible, provide a one-way system with a separate entrance and exit. If a keypad is used for access, consider getting a remote control for opening the gates or provide sanitization products.

Anyone exhibiting symptoms or feeling ill should not be permitted into the facility. Have signage located at the entrance indicating common symptoms.

Arrivals and departures should be scheduled by appointment to limit interactions. Parking slots should be marked out in accordance with physical distancing regulations (5m between each space).

For haul-ins, designate an exclusive haul-in location. Ensure the person transporting is aware of the facility's COVID-19 protocols in advance. Minimize the amount of people coming in with the horse (i.e. only the rider/handler).

Develop your own screening process before allowing others to haul-in (e.g. travel history in previous weeks, potential contact with COVID-19 infected individuals in the last 14 days). Record all personnel/visitors entering the farm and into buildings. Ensure records identify name of visitor(s), date of visit and time/length of visit.

Restrict external companion animals from visiting the property and visitors from having physical contact with farm livestock and companion animals.

Facility Office:

Limit the number of individuals allowed in the office at one time. Discourage walk-ins and schedule appointments when able.

Where possible, provide a separate entrance and exit door. Have hand sanitizer, and Personal Protective Equipment (PPE) for staff available. Install protective screens where physical distancing cannot be maintained and ensure constant cleaning of common touch points (door handles, railings, etc.). All equipment should be sanitized and disinfected, **before and after** each use. Have sanitization supplies readily available and easily accessible for use at any time.

Washroom Guidelines:

Assign dedicated and trained cleaning staff to disinfect all washroom facilities frequently. It is recommended to clean the facilities after every use with disinfectant cleaners. Encourage the use of disposable paper towels and have hygiene/sanitation stations setup outside washrooms when necessary (portable washroom facilities). Have sanitization supplies readily available and easily accessible.

Provide markers to indicate 2m physical distancing when in line. Limit the number of people allowed in the washrooms at one time to ensure distancing can be maintained. Consider closing additional

washroom stalls if multiple are available to ensure physical distancing can be maintained and/or rent individual porta potties.

Stable Guidelines:

Stable access should be restricted; e.g. staff, volunteers, boarders, leasers, lesson students and essential support personnel. Set up a stable schedule and close the stables at night. Having a stable attendant or security is an option to help enforce this. Provide hand sanitizing stations in and around the stabling area. Leave doors open to promote airflow whenever possible. Have sanitization supplies readily available and easily accessible for all patrons.

Set up a delivery area and process for supplies, and avoid passing things from person to person (including feed, bedding, supplies, etc.).

Riding Rings and Arenas:

Ensure the facility schedule allows for physical distancing, this may mean offering private/semi-private lessons, limiting the number of individuals allowed in the ring at one time, reducing operational hours, etc. Consider having a “ride and go” framework (individuals are discouraged to loiter) in place.

In lessons and areas where students ride collectively, determine and communicate the maximum number of horses permitted in each area at one time (these numbers will be based on the size of the area and the physical distancing requirements).

Provide sanitizing stations at each ring/arena. Advise all to wipe down any equipment after use and wear gloves while handling the equipment.

Managing Boarders:

Implement a boarder schedule that limits the number of people allowed at the facility at one a time for riding or visiting their horses, to maintain physical distancing. Create riding schedules for both lessons and boarders (including free rides and hacking). Consider a “by appointment only” approach. Ensure that boarders, riders, trainers and coaches are grouped appropriately so that groups can be easily managed. In the event of an outbreak, this will ensure that contact tracing can be easily facilitated.

Where possible, create temporary spaces for boarders and owners to interact with their horses in controlled and safe outdoor environments (e.g. outdoor grooming stalls, paddocks, tie posts, etc.). Try to avoid the need to enter spaces with multiple common surfaces such as barn aisles and indoor grooming stalls. If outdoor options are not available, boarders should tack-up horses in their stalls, and not in shared grooming stalls.

Have boarders, trainers and other third-party farm members (veterinarians, farriers, etc.) take commonly used equipment (tack, grooming supplies, riding equipment, and miscellaneous equipment) with them to their personal residence or vehicle and only bring in to the facility as needed.

Install sterilization stations with the appropriate disinfectant products, on common surfaces. Ask boarders to wipe down common surfaces after use.

Managing Injuries:

Ensure someone with first aid training is at the facility when individuals are riding or participating in lessons. Ensure the person trained in first aid is up to date with all COVID-19 related first aid protocols. Discuss with local public health authorities if unsure of these protocols.

Make sure COVID-19 supplies (disposable masks, gloves, sanitizer, etc.) are readily available for those assigned first aid duties and extra PPE is on-hand when needed. Clearly indicate where these supplies are located in the facility.

Managing Breeding and Equine Sales:

For breeding facilities, all paperwork should be done electronically and in advance. Allow breeding facility staff to handle the unloading, breeding and loading of the mare. Any non-essential individuals should not be allowed into the facility (i.e. attendants bringing mares from other farms, drivers, etc.). Breeding equipment should be disinfected after each use. All biosecurity practices for equine breeding should be followed. (See “Sanitation” section for further details)

For sales facilities, implement a “by appointment only” procedure, do not allow drop-ins. Ensure clients are aware of all COVID-19 related protocols being followed in advance. Have each individual sign waivers and COVID-19 self-assessment forms electronically before coming to the facility. Consider limiting the number of persons allowed at appointments to the rider and their designated coach/supervisor. Have the horse ready for trial so that the client can directly go into the arena after disinfecting their hands. Ensure equipment is wiped down between riders when clients are coming into the barn to try horses.

Facility Staff and Service Providers:

Facility Staff and Volunteers:

Review all COVID-19 guidelines prior to the start of business operations and have all parties agree by signing off. Have back-up personnel available in case of illness. Stagger work hours and break times to help maintain physical distancing.

Provide PPE to all staff, volunteers and personnel. Sanitize equipment before and after each use. Special consideration should be given to seniors or anyone with an increased risk of contracting COVID-19.

Managing Employees and Staff

Ensure one staff member each day is assigned the duty of overseeing the implementation of any COVID-19 protocols. This individual will keep track of what was cleaned and when and will wipe down all commonly touched surfaces (multiple times a day is recommended).

Commonly touched surfaces include: doorknobs (bathrooms, horse stalls, tack rooms, wash stalls, hoses, etc.), light switches, wash rack handles and sprayers, mucking supplies (pitch forks, brooms, shovel handles, wheelbarrows, etc.), cross-ties, bathing and grooming equipment (if shared), and all shared farm vehicles between uses.

Have a checklist and instruction guides in place so everyone knows how the daily care schedule works (i.e. make sure employees can perform any task on the farm in case someone was to fall ill). Assign duties and areas to a limited number of people (e.g. one person deals with one side of the barn and has his or her own mucking supplies while the other person handles the other side of the barn) to ensure physical distancing can be maintained.

Service Providers (Veterinarians, Farriers, etc.):

Have a conversation with all outside service providers such as veterinarians and farriers to ensure they are aware of and following their protocols. Have each service provider review and signoff on your requirements before entering the premises. Ensure the staff member assigned to oversee the implementation of any COVID-19 protocols is present. Have staff members sanitize any equipment used by the service providers during appointments. If horses require to be hand held for services, ensure proper PPE is available for all involved.

Set up a schedule for routine services/appointments (shoeing, trims, checkups, etc.) with only one service provider onsite at any one time. Ensure breaks between clients are scheduled in anticipation of service providers being onsite, to limit interaction and maintain physical distancing protocols. Work with each provider to limit the number of days they are present at the facility. Whenever possible, conduct services outdoors.

For emergencies, clear a designated area and have only essential personnel present. Ensure proper sanitization and cleanup are conducted and that PPE is available to all involved.

General Individual Responsibility:

All individuals participating in equestrian activities are doing so at their own risk. Each individual is liable and must take personal responsibility for the safety of others and themselves.

There should be no sharing of supplies to limit risk. Change clothes, clean and disinfect boots, and wash hands before going to a different farm.

Coaches Responsibility:

Coaches should ensure that all students are aware of and following guidelines put in place. Coaches are key stakeholders, and expected to be familiar with all COVID-19 guidelines put in place by provincial and federal health associations as well as be familiar with rules established by the host facility to ensure compliance at all times. Coaches should ensure equipment is sanitized before and after each use.

Penalties for Non-Compliance:

A facility has the authority to remove any person who does not comply with the regulations put in place, or those of the Government of Alberta when concerning COVID-19. Removal of an individual should be well documented for later reference if needed. It is suggested that a non-compliance form be created to document these instances.

Appendix 1: Methods of Pathogen Transmission

Pathogens can be transmitted by several routes, however, not all pathogens are transmitted by all routes. Pathogen characteristics, such as the ability to survive in a specific environment, can significantly affect the mode of transmission.

- Direct transmission: Pathogens transmitted between animals through close physical contact.
- Direct contact: Transmission through close physical contact between a susceptible animal and an infected animal, their bodily fluids or tissues.
- Indirect transmission: Some pathogens can be transmitted through an intermediary that has been contaminated and/or infected. This may be an inanimate object (e.g. a bridle, dirty clothing, contaminated feed and/or water) or a live animal (e.g. insect, rodent).
- Indirect contact: Transmission through contact with people (e.g. contaminated clothing, footwear, and/or hands) or with an inanimate object through the shared use of equipment such as needles, syringes, artificial vaginas or dentistry equipment.
- Ingestion: Transmission by consuming feed and water contaminated by pathogens.
- Aerosol transmission: Pathogens can be transmitted short distances by large fluid droplets generated by coughing, sneezing, snorting or whinnying.
- Airborne transmission: By very small particles that can be generated by disturbing contaminated materials.
- Vectors (living organisms): Transmission by a living organism (e.g. people, animals, insects and ticks) infected with or contaminated by pathogens.

Appendix 2: Acknowledgment of Risk Waiver

The following waivers should be complete, signed and returned by all participants:

Waiver 1: Over the Age of Majority (18 and Above)

Waiver 2: Under the Age of Majority (Under 18)

ACKNOWLEDGMENT OF RISK AND RELEASE OF LIABILITY

(AR-0103)

For Participants **Over the Age of Majority** in the Province or Territory in which the Equine Activities are Provided by the Host

WARNING: THIS AGREEMENT WILL AFFECT YOUR LEGAL RIGHTS. READ IT CAREFULLY!

Every Person Must Read and Understand this Waiver Before Participating in Equine Activities

The following waiver of all claims, release from all liability, assumption of all risks, agreement not to sue and other terms of this agreement are entered into by me (the Participant) with and for the benefit of: _____, its directors, officers, employees, volunteers, business operators, agents and site property owners or lessees (collectively the "Host"). Without limiting the generality of the foregoing, "Equine Activities" includes but is not limited to, competitions, tournaments organized and /or operated by the "Host", riding instruction, coaching and training provided by the "Host" to the Participant.

Initial Each Item below after Reading and Understanding each item:

1. I am aware that there are inherent dangers, hazards and risks (collectively "Risks") associated with "Equine Activities" and injuries resulting from these "Risks" are a common occurrence. I am aware that the "Risks" of "Equine Activities" mean those dangerous conditions which are an integral part of "Equine Activities", including but not limited to:
 - (a) the propensity of any equine to behave in ways that may result in injury, harm or death to persons on or around them and to potentially collide with, bite or kick other animals, people or objects;
 - (b) the unpredictability of an equine's reaction to such things as sounds, sudden movement, tremors, vibrations, unfamiliar objects, persons or other animals and hazards such as subsurface objects;
 - (c) the potential for other participants to behave in a negligent manner that may contribute to injury to themselves or others, including failing to act within their abilities to maintain control over an equine.
 - (d) the potential of natural or man-made hazards being present that can cause me harm, including communicable disease.
2. I freely accept and fully assume all responsibility for all "Risks" and possibilities of any and all personal injury, sickness, disease, medical payments, death, property damage or loss resulting from my participation in "Equine Activities".
3. I agree that although the "Host" has taken steps to reduce the "Risks" and increase the safety of the "Equine Activities", it is not possible for the "Host" to make the "Equine Activities" completely safe. I accept these "Risks" and agree to the terms of this waiver even if the "Host" is found to be negligent or in breach of any duty of care or any obligation to me in my participation in "Equine Activities".
4. In addition to consideration given to the "Host" for my participation in "Equine Activities", I and my heirs, next of kin, executors, administrators and assigns (collectively my "Legal Representatives") agree:
 - (a) to waive all claims that I have or may have in the future against the "Host";
 - (b) to release and forever discharge the "Host" from all liability for any personal injury, death, property damage, or loss resulting from my participation in the equine activity due to any cause, including but not limited to negligence (failure to use such care as a reasonably prudent and careful person would use under similar circumstances), breach of any duty imposed by law, breach of contract or mistake or error in judgment of the "Host"; and
 - (c) to be liable for and to hold harmless and indemnify the "Host" from all actions, proceedings, claims, damages, costs demands, including court costs and costs on a solicitor and own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with my participation in "Equine Activities".
5. I agree that this waiver and all terms contained herein are governed exclusively and in all respects by the laws of the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host". I hereby irrevocably submit to the exclusive jurisdiction of the courts of that Province or Territory of Canada and I agree that no other court can exercise jurisdiction over the terms and claims referred to herein. Any litigation to enforce this waiver will be instituted in the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host".
6. I confirm that I have had sufficient time to read and understand this waiver in its entirety. I understand that this agreement represents the entire agreement between myself and the "Host", and it is binding on myself and my "Legal Representatives".
7. I confirm that I have reached the age of majority in the province in which I am participating in "Equine Activities".

Participant Name _____ Date of Birth _____ Tel # _____

Address _____ City _____ Province _____ Postal _____

(Signature of Participant) Signed this _____ day of _____, 20____

(Print Name of "Host" Witness to Signing and Initialing)

(Signature of "Host" Witness) Signed this _____ day of _____, 20____

ACKNOWLEDGMENT OF RISK AND RELEASE OF LIABILITY

(AR-0103)

For Participants **Over the Age of Majority** in the Province or Territory in which the Equine Activities are Provided by the Host

WARNING: THIS AGREEMENT WILL AFFECT YOUR LEGAL RIGHTS. READ IT CAREFULLY!

Every Person Must Read and Understand this Waiver Before Participating in Equine Activities

The following waiver of all claims, release from all liability, assumption of all risks, agreement not to sue and other terms of this agreement are entered into by me (the Participant) with and for the benefit of: _____

_____, its directors, officers, employees, volunteers, business operators, agents and site property owners or lessees (collectively the "Host"). Without limiting the generality of the foregoing, "Equine Activities" includes but is not limited to, competitions, tournaments organized and /or operated by the "Host", riding instruction, coaching and training provided by the "Host" to the Participant.

Initial Each Item below after Reading and Understanding each item:

- _____ 1. I am aware that there are inherent dangers, hazards and risks (collectively "Risks") associated with "Equine Activities" and injuries resulting from these "Risks" are a common occurrence. I am aware that the "Risks" of "Equine Activities" mean those dangerous conditions which are an integral part of "Equine Activities", including but not limited to:
 - (a) the propensity of any equine to behave in ways that may result in injury, harm or death to persons on or around them and to potentially collide with, bite or kick other animals, people or objects;
 - (b) the unpredictability of an equine's reaction to such things as sounds, sudden movement, tremors, vibrations, unfamiliar objects, persons or other animals and hazards such as subsurface objects;
 - (c) the potential for other participants to behave in a negligent manner that may contribute to injury to themselves or others, including failing to act within their abilities to maintain control over an equine.
 - (d) the potential of natural or man-made hazards being present that can cause me harm, including communicable disease.
- _____ 2. I freely accept and fully assume all responsibility for all "Risks" and possibilities of any and all personal injury, sickness, disease, medical payments, death, property damage or loss resulting from my participation in "Equine Activities".
- _____ 3. I agree that although the "Host" has taken steps to reduce the "Risks" and increase the safety of the "Equine Activities", it is not possible for the "Host" to make the "Equine Activities" completely safe. I accept these "Risks" and agree to the terms of this waiver even if the "Host" is found to be negligent or in breach of any duty of care or any obligation to me in my participation in "Equine Activities".
- _____ 4. In addition to consideration given to the "Host" for my participation in "Equine Activities", I and my heirs, next of kin, executors, administrators and assigns (collectively my "Legal Representatives") agree:
 - (a) to waive all claims that I have or may have in the future against the "Host";
 - (b) to release and forever discharge the "Host" from all liability for any personal injury, death, property damage, or loss resulting from my participation in the equine activity due to any cause, including but not limited to negligence (failure to use such care as a reasonably prudent and careful person would use under similar circumstances), breach of any duty imposed by law, breach of contract or mistake or error in judgment of the "Host"; and
 - (c) to be liable for and to hold harmless and indemnify the "Host" from all actions, proceedings, claims, damages, costs demands, including court costs and costs on a solicitor and own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with my participation in "Equine Activities".
- _____ 5. I agree that this waiver and all terms contained herein are governed exclusively and in all respects by the laws of the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host". I hereby irrevocably submit to the exclusive jurisdiction of the courts of that Province or Territory of Canada and I agree that no other court can exercise jurisdiction over the terms and claims referred to herein. Any litigation to enforce this waiver will be instituted in the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host".
- _____ 6. I confirm that I have had sufficient time to read and understand this waiver in its entirety. I understand that this agreement represents the entire agreement between myself and the "Host", and it is binding on myself and my "Legal Representatives".
- _____ 7. I confirm that I have reached the age of majority in the province in which I am participating in "Equine Activities".

Participant Name _____ Date of Birth _____ Tel # _____

Address _____ City _____ Province _____ Postal _____

(Signature of Participant) Signed this _____ day of _____, 20____

(Print Name of "Host" Witness to Signing and Initialing)

(Signature of "Host" Witness) Signed this _____ day of _____, 20____

Appendix 3: Alberta Health Daily Checklist

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST

Overview

This tool has been developed to support activity organizers and facility operators in reducing the risk of transmission of COVID-19 among attendees. The tool is meant to be used to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should fill out this checklist prior to participating in the activity or program. If an individual answers YES to any of the questions, they must not be allowed to attend or participate in the activity or program. Children and youth will need a parent to assist them to complete this screening tool.

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Initial Screening Questions

		CIRCLE ONE	
1.	Do you/your child have any new onset (or worsening) of any of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the person attending the activity/facility travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you/your child had close <u>unprotected</u> * contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days and who is ill**?	YES	NO
4.	Have you/your child attending the program or activity had close <u>unprotected</u> * contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you/your child or anyone in your household been in close <u>unprotected</u> * contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

* "unprotected" means close contact without appropriate personal protective equipment

** "ill" means someone with COVID-19 symptoms on the list above.

Appendix 4: Additional Reference Material

- [Biosecurity](#) – Alberta Equestrian
- [Horse Biosecurity Guide](#) – Saskatchewan Horse Federation
- [Coronavirus Resources for Horse Owners](#) (reducing cost, optimizing turnout) – United Horse Coalition
- [Equestrian Facility COVID-19 Restriction and Prevention](#) – Washington State
- [Guidance for exercise, recreation and leisure activities](#) (social distancing while riding) – Isle of Man Government
- [Kentucky's horse industry can't stop for COVID-19: 'The mares are foaling right now' \(breeding protocols\)](#) – Lexington Herald Leader
- [March 19, 2020, COVID-19 Update \(carpooling, cohabitating\)](#) – Racing Victoria
- [Modification to Public Hands-Only CPR during the COVID-19 pandemic \(first aid protocols\) – Heart & Stroke](#)
- [Preventing the Spread of COVID-19: Recommendations for the Ambulatory Practitioner](#) (farm scheduling) – American Association of Equine Practitioners