

2022 - ENGLISH INSTRUCTOR LESSON PLAN TOPICS

THE FOLLOWING TOPICS MAY BE USED FOR THE ENGLISH INSTRUCTOR EVALUATION



UNMOUNTED LESSON

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|--|--|
| <input type="checkbox"/> Fitting of Helmets and Safe Riding Attire | <input type="checkbox"/> Blanketing and Unblanketing a horse |
| <input type="checkbox"/> Grooming Procedure | <input type="checkbox"/> Fitting Martingales |
| <input type="checkbox"/> Tack Cleaning | <input type="checkbox"/> Fire Safety – Procedure |
| <input type="checkbox"/> Proper Leading and Turning of the Horse | <input type="checkbox"/> Fire Safety – General |
| <input type="checkbox"/> Bridling – Proper Fitting Technique | <input type="checkbox"/> Foot Care |
| <input type="checkbox"/> Saddling – Proper Fitting Technique | <input type="checkbox"/> Tying a Horse Properly in the Stall |



MOUNTED LESSON

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| <input type="checkbox"/> Introduce and practice the Trot | <input type="checkbox"/> Introduce and practice a circle |
| <input type="checkbox"/> Introduce and practice the Posting Trot | <input type="checkbox"/> Introduce and practice a turn |
| <input type="checkbox"/> Introduce and practice the Canter | <input type="checkbox"/> Introduce and practice changing the rein |
| <input type="checkbox"/> Introduce and practice changing the leading file | |
| <input type="checkbox"/> Introduce and practice exercises to practice eye control | |
| <input type="checkbox"/> Introduce and practice the 3-point position at walk and trot | |
| <input type="checkbox"/> Introduce and practice the 2-point position at walk and trot | |
| <input type="checkbox"/> Introduce and practice exercises at the walk to teach steering and control | |
| <input type="checkbox"/> Introduce and practice identifying the correct canter lead and horse to correct the lead | |



JUMP LESSON

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| <input type="checkbox"/> Introduce and practice a course of cross rails |
| <input type="checkbox"/> Introduce and practice cantering the approach to a single fence |
| <input type="checkbox"/> Introduce and practice riding a line with a trot approach to the first element |
| <input type="checkbox"/> Introduce and practice the forward seat position throughout a simple gymnastic |
| <input type="checkbox"/> Introduce and practice the control of trot and straightness on the approach to an “X” and departure from the “X” at the canter |

Use of games and props is encouraged

Lesson Plan Topics will be assigned by AEF 45 days prior the evaluation

Lesson Plan and EAP Template Available